

## "Inspiring and motivational!"

For over 25 years, Akita has worked with organizations and individuals, helping people build their dreams, accelerate their results, and create richer, more fulfilling lives.

Akita is the author of Full Glass Living: 28 Days to Dump Limiting Beliefs. She has a Master's Degree in Leadership, and has taught personal development principles to college students for over 15 years. She has appeared as a guest speaker at events such as The Powerful Body Confidence Conference.

As a sought-after speaker and trainer, Akita has offered transformational workshops to organizations around the country.

Whether it's a short 10-minute talk, a 'Lunch & Learn' training, a motivating keynote speech, or an afternoon workshop – your group, organization, or company will be ignited by this training, and they will "THANK YOU" for bringing Akita to them.



## Akita Brooks

Speaker • Trainer • Certified Life Mastery Consultant

"In the time I've known Akita, she has consistently exhibited excellent organizational management and people skills. What's more, her training background makes her a superb communicator and motivator."

~ Akweli Parker Testimonial, New Jersey

The following program can be customized to your groups needs and can fit in any.

THE *Vision* WORKSHOP <u>3 Keys To Accelerating Your Results</u>

During this dynamic and fun training you will have an opportunity to define, design, and experience your dream – and receive the blueprint for how to turn your greatest possibility into your reality.

You will learn:

- Two essential keys for tuning into your purpose.
- Simple thinking-strategies that will guard you from fear, doubt and worry.
- What wealthy people do that creates sustained success.
- The number one factor that causes people to lose steam when going after a dream, and how to stay motivated and override it.
- The 1 critical thing you must give up in order to reach your dream.
- And much more!

"Akita shows positive, professional manner every time I see her. She projects enthusiasm and is the type of person you seek to be around..."

~ Jon Lukacher Testimonial, Texas

To book Akita Brooks to speak for your group, company, or organization, or to request more information please contact:

Akita at: fullglassliving@gmail.com or call 856-278-5718 www.FullGlassLiving.com